

Kids Come First®

Separated Parent Support Workshops

What's it all about?

Kids Come First offers specialist support to separated parents in private workshops or group sessions. Our **unique, child-focused teaching program** offers guidance on helping children through the separation or divorce process and creating collaborative co-parenting partnerships. Our professional adult trainers have family mediation & child counselling backgrounds, delivering customised support during family transitions.

How will the program help?

Becoming a separated parent is a dramatic change in anyone's life. Many parents find themselves struggling to establish a positive, effective co-parenting relationship with their former partner – a situation that can have a profoundly negative impact on their children. We aim to help parents find collaborative solutions and keep matters out of the family courts by providing the right specialist support and expert guidance when parents need it most! We're all about helping you cope well, so your children can too!

What options are available?

Parents can choose to book a private solo workshop or a joint co-parenting consultation to attend together if they both agree this is the right approach.

How do I make an enquiry?

Email kidscomefirstuk@mail.com or call **0778 949 7275** for a confidential chat.

Where & when are the workshops held?

Our workshop venues in **Clapham** (SW4); **Esher** (KT10); **Hammersmith** (W6); **Hampton** (TW12) & **Richmond** (TW1) are accessible to parents in London & Surrey communities. Appointments are available Mon to Sat from 9am–9pm to accommodate working parents. NOTE: we offer **Skype sessions** for parents who are located further afield.

How much does it cost to book a workshop?

Our charges vary depending on location as follows:

- **Solo** workshop fees from £195 – £250 (2 hr session)
- **Joint** workshop fees from £150 – £190 per parent (2 hr session).
- **Group** workshop fee (where applicable) is £150 per parent.

What if I am in Family Court proceedings?

We recognise that every parental separation is unique. Booking a specialist support & training session can help you focus on more positive solo parenting and demonstrate an understanding your children's needs. We issue certificates of attendance on completion.

What if I live too far away to attend a workshop?

You can access **Kids Come First training** or **Separation S.O.S. coaching** sessions via Skype to discuss issues arising from your relationship breakdown and dealing with all aspects of separated parenting. We offer guidance on managing conflict and support you through any legal process you're experiencing.

Contact kidscomefirstuk@mail.com or call 07789497275 for info
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