

Kids Come First®

Separated Parent Support Workshops

Who are we?

Kids Come First provide **specialist support for separating or divorcing parents**. Our unique, child-focused teaching program offers expert guidance on helping children through separation and creating collaborative co-parenting partnerships. Our professional adult trainers are experienced in family mediation and therapy as well as child counselling in order to deliver customised support to parents at all stages of the family transition process.

How can the Kids Come First program help me?

Becoming a separated parent is a dramatic change in anyone's life. Many parents find themselves struggling to establish a positive, effective co-parenting relationship with their former partner beyond the separation. This can have a profoundly negative impact on their children. We aim to help parents find collaborative solutions and keep matters out of the family courts by providing the right support and guidance when parents need it most! Our mission is to help you cope well - so your children can too!

What are my options and how do I enquire?

Parents can book a bespoke **solo** workshop or arrange private **joint co-parenting** consultations (provided they both agree to attend). Please get in touch via email: **kidscomefirstuk@mail.com** or call **0778 9497275** for a confidential chat.

Where & when are workshops held?

Our workshops venues in **Esher (KT10)**; **Hammersmith (W6)** & **Hampton (TW12)**; are easily accessible for London, Middlesex & Surrey communities. Appointments are available Mon to Sat (9am-9pm) to accommodate working parents.

What are the costs?

Charges vary depending on location as follows:

- **Solo** workshop fees from £220 - £250 (2 hr session)
- **Joint** workshop fees from £170 - £190 per parent (2 hr session).
- **Group** workshop fee (where applicable) is £150 per parent.

What if I am already in Family Court proceedings?

Every parental separation is unique so booking a specialist support & training session helps you focus on more positive solo parenting to support your children and demonstrate an understanding of their needs. We issue an attendance certificate on completion.

What if I live too far away to attend a workshop in person?

You can access **Kids Come First via Zoom or Skype** to discuss issues arising from your relationship breakdown and dealing with all aspects of separated parenting. We offer guidance on managing conflict and support you through any legal processes you're experiencing.

Contact kidscomefirstuk@mail.com or call 07789497275 for info

Kids Come First is a Community Interest Company