

Kids Come First®

Separated Parent Support Workshops

What's it all about?

Kids Come First provide bespoke workshops for separating or divorcing parents. Our unique child-focused training program delivers specialist support for all parents trying to help their children through separation. We deliver specialist guidance on creating collaborative co-parenting partnerships beyond separation. As professional adult trainers with family mediation & child counselling experience we are able to assist parents at all stages of their family transition, whatever the circumstances.

How does the Kids Come First program help parents?

Few parents take the decision to separate lightly and the end of every parenting relationship is a dramatic change for the whole family. Some parents find it difficult to maintain positive communication and to form an effective co-parenting relationship beyond their separation. This can have a profoundly negative impact on their children. We aim to help parents find conflict-free, collaborative solutions and keep matters out of the family courts by providing the right support and bespoke guidance when they need it most! Our mission is to help parents cope well so their children can too!

What options are available?

Parents can choose to book a confidential bespoke **solo workshop** or arrange a **joint co-parenting consultation** (provided both agree to attend). All sessions focus on meeting the emotional needs and upholding the rights of children of all ages in a neutral, impartial and non-judgemental way.

How can I make an enquiry or referral?

Send us an email at kidscomefirstuk@mail.com to request our Booking Form or call **0778 9497275** for an initial confidential chat. **Note:** if you are enquiring on behalf of a client, please share our info and advise that they get in touch directly.

How can I attend a workshop?

All workshops are online **via Zoom** so your location is not an issue. Appointments are booked in advance and we aim to accommodate your schedule wherever possible. i.e. we offer some evening and weekend sessions which may incur additional cost.

What are the workshop fees?

Solo workshop fees from £380 (2hr session)
Joint workshop fees from £270 per parent (2hr session).

What if I am in family court proceedings?

Booking a workshop helps you focus on your own positive solo parenting, offers support and enables you to demonstrate an understanding of your children's needs & rights. We issue a certificate of attendance to parents who are in family court proceedings.