

Kids Come First®

Separated Parent Support Workshops

What's it all about?

Kids Come First offers specialist support to separated parents in group sessions or private workshops. Our **unique, child-focused teaching program** offers guidance on helping children through the process and creating effective co-parenting partnerships. Our professional trainers have family mediation and child counselling experience, delivering customised support during the difficult time of family breakdown.

How will the program help?

Becoming a separated parent is a dramatic change in anyone's life. Parents may find themselves struggling to maintain a positive, effective co-parenting relationship with their ex-partner and this can have a negative impact on their children. We aim to help parents keep matters out of the family courts where possible by providing the right support when parents need it most - helping you cope so your children can too!

What options are available?

Parents can choose to attend one of our group programs, book a private solo workshop or a joint co-parenting consultation to attend together if they both prefer.

How do I make an enquiry?

Email kidscomefirstuk@mail.com or call **0778 949 7275** for a confidential chat.

Where & when are the workshops held?

We hold our workshops in **Hampton** (TW12); **Hammersmith** (W6) and **Clapham** (SW4) at venues easily accessible for parents living in London boroughs & Surrey communities. We offer daytime, evening & Saturday appointments to accommodate working parents.

How much does a workshop cost?

- **Group** workshop fee is £150 per parent.
- **Private Solo** workshop fees are from £195 (2-2.5 hrs).
- **Private Joint** workshop fees are from £150 per parent (2-2.5 hrs).

What if I am in Family Court proceedings?

We recognise that every parent's situation is unique. Booking a place on our parenting program helps you focus on positive solo parenting and demonstrate an understanding your children's needs. We will issue you with a certificate of attendance on completion.

What if I live too far away to attend a workshop?

You can access our **Separation S.O.S. coaching & mentoring** sessions via Skype to discuss issues arising from your relationship breakdown and dealing with all aspects of separated parenting. We offer guidance on managing conflict and support you through any legal process you're experiencing. These sessions are charged at £75/hour.

Contact kidscomefirstuk@mail.com or call 07789497275 for info
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